



## Falmouth Community Youth Football Club Team Player Welcome Pack

Welcome to your team! You will find all the information you need to know about being in a team right here. We are a community club and welcome and encourage all our members, parents and guardians to take an active role in helping out and supporting the team.

### Club Ethos

Every player has the opportunity to play football in a safe environment with the correct level of challenge for them to develop to the best of their ability. Football for all.

### FA Grassroots Football Development Phases

#### FOUNDATION PHASE

U5-11

*Fun and varied*

*Equal game time per match*

*Equal rotation of positions*

*Players develop at different rates*

#### DEVELOPMENT PHASE

U12-16

*More competitive*

*Naturally focus is on winning*

*Results are published*

*Equal game time per season*

*Less rotation of positions*



### Team Structure

#### Player Reviews

In line with the FA development model we ensure each child has a player review meeting with their coach at least once a year. Player reviews include focusing on the FA 4 corner model which includes assessment of technical, psychological, physical and social development.

This is an opportunity to discuss progress, and provide feedback and advice. Parents can ask questions at these meetings. Our Welfare Officers are also on hand if you have any concerns.

#### Movement between teams

Where there is more than 1 team in an age group playing at different levels, player movement between teams can occur to reflect the skill levels of each player. Player reviews give an indication of the best environment and team for each child to play in.

## **Team Roles**

We know from experience that teams work best with maximum parent involvement and children who are keen to develop in a team environment. This is where we need your help.

### **Team Coaches and Manager**

These roles are essential in starting up a new team. The club will support you with all your training and guidance.

### **Team Secretary**

There is some admin involved in organising matches. We would need a keen parent to take on the role of team secretary within the team.

### **Committed Players**

As a player you play the most important role in representing your club. You will show commitment to your team to attend all training sessions and matches. You will follow the code of conduct and show respect to your coach, your team mates, the opposition and the referee.

### **Parent Reps and Volunteers**

Refereeing, sponsorship, linesperson, welcoming opposition teams, helping set up and tidy away, watching matches, cheering on the team, being around to tie up shoelaces, washing shirts after every match or making cakes.

## **Team Enrolment**

### **Registration**

Instructions sent out on SPOND

### **Fees**

Annual subscription fees of approximately £115 will be paid to cover pitch hire, insurance, league registration, end of season and admin costs.

Fees will be paid through SPOND and can be paid in installments.

Refunds will only be given in exceptional circumstances.

### **Kit**

All team players will be allocated a Team kit consisting of a Yellow and black shirt, black shorts, and black socks. Each child will keep their shorts and socks, but the shirts will be on loan.

Team shirts will be collected up after each match and washed ready for the next match. Tasks can be set up on spond to cover these jobs.

### **This kit is ONLY to be worn for matches.**

Shirts will be returned to FCYFC at the end of the season. Shirts must not be tumble dried! Any lost shirts must be paid for.

## **Matches**

### **League matches**

Home matches are usually on Saturdays and away matches are usually Sundays. There are approximately 16 league matches per season. There are also league cup games.

U13 – U15 teams take part in County Cup Matches. Younger age groups take part in Trophy Events.

- Each home match will require a referee and linesperson
- Each home match will require someone to provide cakes for both teams after the game.

### **Non-league matches**

Teams will also have the chance to take part in friendly matches and tournaments. There will be additional costs for these.

## **Training**

All teams have 1 session of mid-week evening training - grass in the summer months and the 3G/sports hall in the winter months.

All team players (up to U13) are encouraged to also attend Saturday morning community football if they don't have a match that day.

Team kit is not to be worn for training.

## **SPOND**

Keeping active on SPOND is essential - for details about training, matches or responding to any messages we may send, we urge everyone to be active on SPOND and to make sure their notifications are turned ON.

## **Respect**

Our Respect Code of Conduct is central to our club and all members must read and follow the respect guidelines on and off the pitch. This includes parents!

Be aware that the yellow and red card system will be used if required, and this could result in your child missing important league matches. Cards can be given for misbehaviour on and off the pitch at any FCYFC event. Cards can also be given to adults, whose misbehaviour risks suspension from match attendance.

Respect barriers are set up at every match and we ask that spectators remain behind the barrier for the duration of the match.

### **Welfare Officers**

There are 2 Welfare Officers on hand to help out with behaviour or safeguarding concerns. Any committee member is also on hand if anybody needs support or advice.

Email Caroline and Hannah on [welfarefcyfc@gmail.com](mailto:welfarefcyfc@gmail.com)

## **Football League and Fixtures information**

All our teams compete in the Cornwall Youth Football League.

Visit the Fulltime website for more information on the leagues, fixtures and results.

[www.fulltime-league.thefa.com](http://www.fulltime-league.thefa.com)



## Respect Code of Conduct (for all members)

### General Code of Conduct

- Club members are expected to arrive punctually at the start time of any training or community event or 30 minutes before any stated kick off time for matches.
- Entry and exit to the field at designated gates
- Parents are not to leave their children unattended at training without first informing the relevant coach or committee member and leaving contact details.
- Be respectful to all throughout the duration of any FCYFC activities.
- Do not argue with club or match officials, members or team mates, or opposition.
- Abusive language will not be tolerated
- The coach or referee decision is final and to be respected at all times
- Good sportsmanship is expected at all times - good play is always acknowledged but criticism is withheld.
- Participation in safe, enjoyable sport is primary above result or score.

### Falmouth School Code of Conduct

- Only enter or exit from specified gates
- No dogs, on or off the lead are allowed at any time on site
- Any litter will be disposed of responsibly
- The pitch is looked after: please use designated spectator areas. These will often move allowing the grass to grow
- Sports Hub facilities are available for our use but please use responsibly and with respect.
- Do not allow young children to wander the site alone.

### Yellow and Red Card system (managed by the Welfare Team)

- **Stage 1** The coach (plus one other) will have an informal chat with the player and explain that their behaviour does not follow the **Club Code of Conduct**.
- **Stage 2** If there is no improvement at future training then a **YELLOW CARD** will be issued by the Welfare Officer to the parent by email. The area of concern and ideas for improvement will be explained to the player and parent.
- **Stage 3** If there is still no improvement then a second **YELLOW CARD** will be emailed to the individual. The parent/guardian will be asked to accompany the child to future training sessions.
- **Stage 4** If the bad behaviour continues then a **RED CARD** will be issued and may result in match bans and worst case scenario, suspension from the club.

Thank you for your understanding and the integral part you all play in making Falmouth Community Youth Football Club so successful. We are sure you appreciate that our ultimate responsibility is for the safe and fun participation for ALL of the children.

We ask that every child and their parent or guardian read the code of conduct fully.

Adults: please explain the code of conduct to your children, and explain that ALL are expected to abide by it.

**Welfare officers:**  
Hannah Martin  
Caroline Moyes  
[welfarefcyfc@gmail.com](mailto:welfarefcyfc@gmail.com)

**Secretary:**  
Penny Hodgson  
**Chair:**  
Janine Kennedy  
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